



real arts workshops

#GivingPeopleACreativeVoice

[www.realartsworkshops.co.uk](http://www.realartsworkshops.co.uk)

## Innovative Arts Workshops for all ages and abilities

### What we do...

Are you a group or organisation that has managed to secure funding for creative activities?

We provide high quality arts, crafts and BSL experiences for a wide range of customers.



Contact us...

Email: [RealArtsWorkshops@gmail.com](mailto:RealArtsWorkshops@gmail.com)

or phone/SMS/WhatsApp: 07882 685923

Website: [www.realartsworkshops.co.uk](http://www.realartsworkshops.co.uk)

for more information and pricing

Welcome to RAW, a private arts workshops company with a social value\*.

We work on a wide variety of creative projects with many organisations, groups, local authorities, charities and businesses.

\*Read our Social Impact Reports on our website.



Engaging in the arts helps people to improve their mental health.

Mental Health Foundation



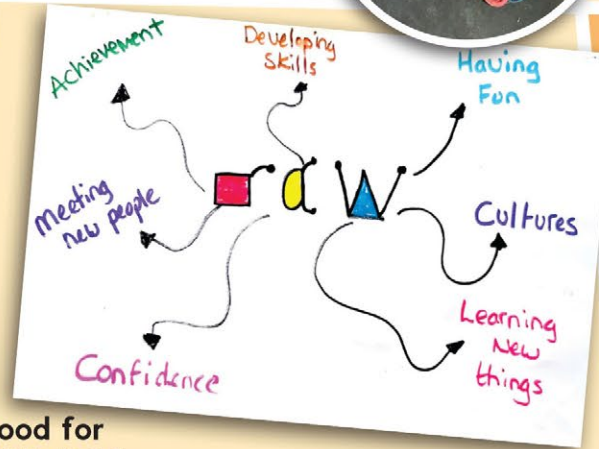
## Our Purpose...

...is to engage people in meaningful creative experiences that enable them to build their confidence, meet new people, develop skills and break down barriers

## Our Vision...

...we believe that Art is good for you WHOEVER WHO YOU ARE!

Grayson Perry



## Our Work...

We work with people of all ages in education, at festivals, and for one-off or on-going community projects, both in-person and online. We are fully inclusive and work with people with dementia, offenders and ex-offenders and neurodiverse people.

Making art is helping people express themselves, without having to use words.

Mental Health Foundation

## Why do we do it?...

"I think it was very cool to learn a new language that will help me communicate with others in the future and I hope I will learn more."

Read more about the benefits of our sessions on our website.

"Lets me socialise with other people and lets me get my confidence in my art"



### Benefits of the Arts on People

The British Medical Association published a paper on the psychological and social needs of patients and the positive effects of engaging with the Arts



Elimination of boredom



Induces positive physiological and psychological changes



Combats social isolation



Reduces drug consumption



Promotes positive mental health



Improves the quality of life for individuals and communities.

Several studies have shown that creative hobbies such as art, writing and music can reduce and even prevent stress. BUPA



We have Public Liability and other insurances, are enhanced DBS checked and trained in BSL and much more.



We put the learner at the centre and create all our own resources, lesson plans and templates to deliver bespoke workshops that meet our clients' requirements.



We are always on the look out for 'Arty Stars': volunteers and freelance artists who can help us deliver our message. If you'd like to work with us please do get in touch.

“ Continuing to put the people we support first, every step of the way. ”  
City of Wolverhampton Council

**Memberships & Affiliations...**



“ RAW has helped me to get out of the house and off my electricals! ”

You can find us on:



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